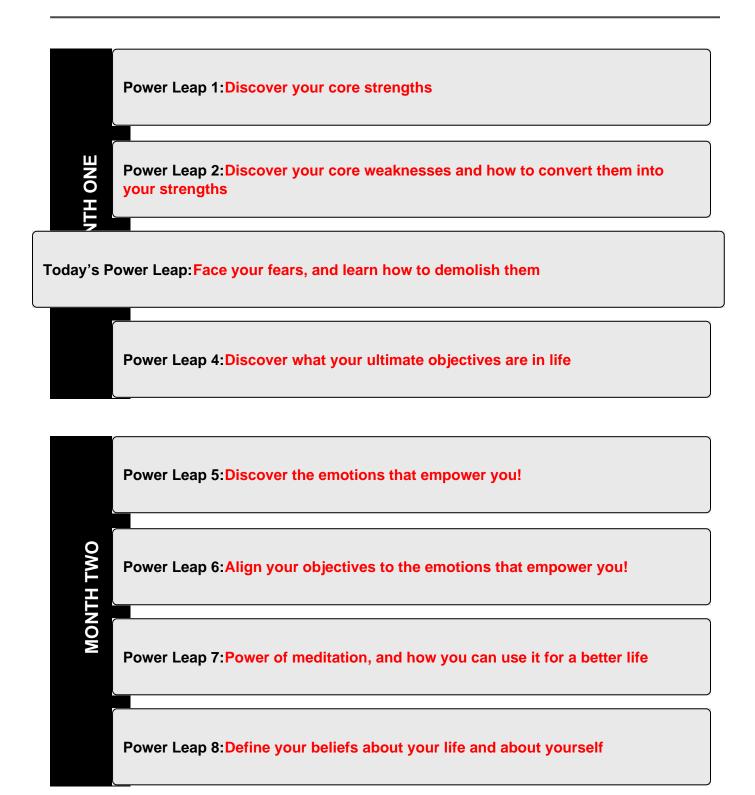
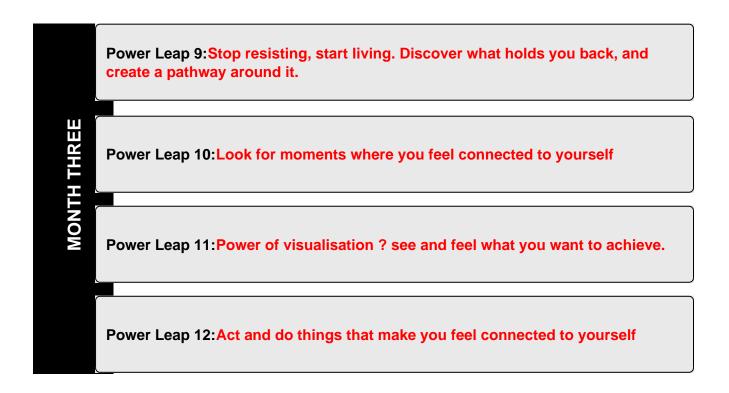
# How to access inner power Power Leaps

Go through all the powerleaps and achieve your ultimate objective! With today's power leap, our purpose is to Face your fears, and learn how to demolish them Get ready!



# How to access inner power Power Leaps

Go through all the powerleaps and achieve your ultimate objective! With today's power leap, our purpose is to Face your fears, and learn how to demolish them. Get ready!





## Face your fears, and learn how to demolish them

### 30 Sec each

### INTRODUCTION

When you begin your first week of Masterminds, following things are must!

### **Member Introduction**

- What do they want to achieve through the participantion of the Masterminds?
- What skills/ experiences/ resources do they bring to their group?

### **Ground Rules**

- Punctuality of the masterminds
- Stick to the format and allow others to talk
- Contribute to the masterminds, don't just be a spectator
- Get everyone to agree unanimously.

20 Mins

.............................

### THE HOUR OF DISCOVERY

### Your objective is to work on today's Power Leap :

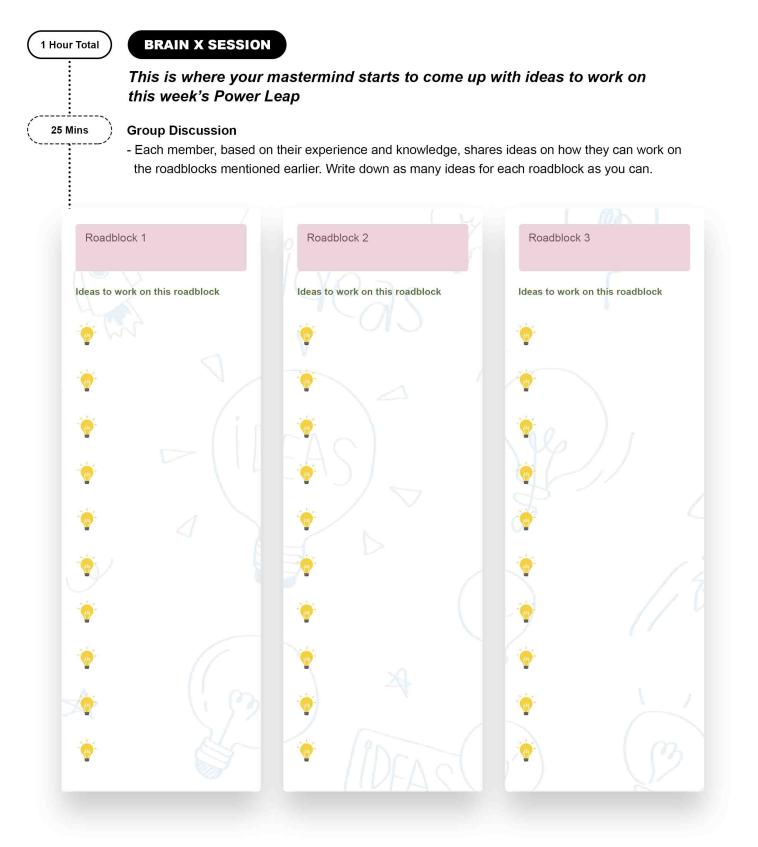
Write down at least 3 roadblocks/reasons that stops you from solving this Power Leap. (you can write more, but write at least 3)

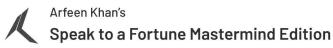


Speak to a Fortune Mastermind Edition

# The Incredible You Mastermind: Structure

This is the blueprint of every mastermind you'll run.

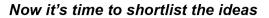




# The Incredible You Mastermind: Structure

This is the blueprint of every mastermind you'll run.

### **BRAIN X SESSION**



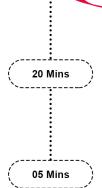
### **Prioritize & Shortlist**

- Go back to your idea page, prioritize and shortlist top 3 ideas for each roadblock. Take help of your mastermind. At the end you should end up with top 3 ideas for every roadblock.



### Action Plan

- For every idea you've shortlisted, think of a way how you can make it happen? How can you achieve that idea? Try to be as specific as you can when you think of ways of achieving these ideas.



1 Hour Total

10 Mins

### Refine with accountability

- Remember, next week when you come back to the mastermind, you will share how you implemented these ways to achieve the ideas you shortlisted. Try to put as many ideas into practice as you can.

When you come the following week Go through your this week's mastermind blueprint with your mastermind group and share your breakthroughs and achievements.

On the next page, fill out your this week's mastermind blueprint.



Arfeen Khan's **Speak to a Fortune Mastermind Edition** 

# Mastermind Blueprint for:Face your fears, and learn how to demolish them

this mastermind, use this week to the fullest to make the most of this blueprint! Fill out the columns below. This is your action blueprint. This is where your real breakthroughs lie. When you finish

Roadblock 3	Roadblock 2	Roadblock 1	Roadblocks
			Ideas to destroy the roadblocks
My actions Deadline:	My actions Deadline:	My actions Deadline:	Actions I will take to achieve these ideas

Arfeen Khan's
Speak to a Fortune Mastermind Edition